

2022 Section 4A Track & Field Meet Procedures

Thursday, June 2, 2022:

University of St Thomas O'Shaughnessy Stadium
2115 Summit Avenue, St. Paul, MN 55105

12:00 pm Field Events
12:30 pm Running Events

Saturday, June 4, 2022:

University of St Thomas O'Shaughnessy Stadium
2115 Summit Avenue, St. Paul, MN 55105

9:00 am Field Events
9:45 am Running Events

Order of events will be as follows (final individual running event start times will be based on number of entries):

Thursday:

Event	Start Time	Comments	Event	Start Time	# of Heats	Comments
Boys Long Jump	12:00 PM	Prelims followed by Finals	Girls 100 Hurdles	12:30 PM	6	Heat Winners plus next 2 best times advance
Girls Triple Jump	12:00 PM	Prelims followed by Finals	Boys 110 Hurdles	TBD	6	Heat Winners plus next 2 best times advance
Girls Shot Put	12:00 PM	Prelims followed by Finals	Girls 100 Meters	TBD	6	Heat Winners plus next 2 best times advance
Boys Discus Throw	12:00 PM	Prelims followed by Finals	Boys 100 Meters	TBD	6	Heat Winners plus next 2 best times advance
Girls Pole Vault	12:00 PM	Finals	Girls 800 Relay (4x200)	TBD	3	Heat Winners plus next 2 best times advance
Boys High Jump	12:00 PM	Finals	Boys 800 Relay (4x200)	TBD	3	Heat Winners plus next 2 best times advance
			Girls 400 Relay (4x100)	TBD	3	Heat Winners plus next 2 best times advance
			Boys 400 Relay (4x100)	TBD	3	Heat Winners plus next 2 best times advance
			Girls 400 Meters	TBD	6	Heat Winners plus next 2 best times advance
			Boys 400 Meters	TBD	6	Heat Winners plus next 2 best times advance
			Girls 300 Hurdles	TBD	6	Heat Winners plus next 2 best times advance
			Boys 300 Hurdles	TBD	6	Heat Winners plus next 2 best times advance
			Girls 800 Meters	TBD	4	Heat Winners plus next 2 best times advance
			Boys 800 Meters	TBD	4	Heat Winners plus next 2 best times advance
			Girls 200 Meters	TBD	6	Heat Winners plus next 2 best times advance
			Boys 200 Meters	TBD	6	Heat Winners plus next 2 best times advance
			Girls 3200 Meters	TBD	2	2 Heats - Fastest Heat Second
			Boys 3200 Meters	TBD	2	2 Heats - Fastest Heat Second
			Girls 1600 Relay (4x400)	TBD	3	Heat Winners plus next 2 best times advance
			Boys 1600 Relay (4x400)	TBD	3	Heat Winners plus next 2 best times advance

Saturday:

Event	Start Time	Comments	Event	Start Time	# of Heats	Comments
Girls Long Jump	9:00 AM	Prelims followed by Finals	Girls 100 Hurdles	9:45 AM	1	
Boys Triple Jump	9:00 AM	Prelims followed by Finals	Boys 110 Hurdles	TBD	1	
Girls Discus Throw	9:00 AM	Prelims followed by Finals	Girls 100 Meters	TBD	1	
Boys Shot Put	9:00 AM	Prelims followed by Finals	Boys 100 Meters	TBD	1	
Girls High Jump	9:00 AM	Finals	Girls 800 Relay (4x200)	TBD	1	
Boys Pole Vault	9:00 AM	Finals	Boys 800 Relay (4x200)	TBD	1	
			Girls 1600 Meters	TBD	2	2 Section Finals - Fastest Heat Second
			Boys 1600 Meters	TBD	2	2 Section Finals - Fastest Heat Second
			Girls 400 Relay (4x100)	TBD	1	
			Boys 400 Relay (4x100)	TBD	1	
			Girls 400 Meters	TBD	1	
			Boys 400 Meters	TBD	1	
			Girls 300 Hurdles	TBD	1	
			Boys 300 Hurdles	TBD	1	
			Girls 800 Meters	TBD	1	
			Boys 800 Meters	TBD	1	
			Girls 200 Meters	TBD	1	
			Boys 200 Meters	TBD	1	
			Break		2	Any remaining awards – Recovery Break
			Girls 1600 Relay (4x400)	TBD	1	
			Boys 1600 Relay (4x400)	TBD	1	